

JOHN STUART MILL AND AFRICAN PHILOSOPHICAL THOUGHT: A DIALOGUE ON LIBERTY AND SOCIAL HARMONY IN NIGERIA

Okpanachi, Anthony Idoko PhD

Department of Philosophy,

Prince Abubakar Audu University, Anyigba

Toniokpas@yahoo.com,

Tel: 08058306688

Fasiku, Gbenga Cornelius PhD

Department of Philosophy

Prince Abubakar Audu University, Anyigba

cfasiku@gmail.com

Tel: 08169448844

Oguche, Nemile Peace

Department of Philosophy

Prince Abubakar Audu University, Anyigba

Oguchepeace42@gmail.com

Tel: 09153646893

DOI: https://doi.org/10.5281/zenodo.17080793

Abstract

This paper explores the interrelation of John Stuart Mill's philosophy of liberty and African philosophical thought, focusing on their relevance to fostering social harmony in Nigeria's diverse society. Mill's advocacy for individual freedom, tolerance and open dialogue is examined alongside African communal values such as Ubuntu, which emphasize interconnectedness, mutual respect, and collective well-being. The study argues that a dialogical approach integrating Mill's liberal individualism with African communalism offers a robust framework for addressing Nigeria's challenges of ethnic, religious, and cultural pluralism. By highlighting the synergies and tensions between these philosophical paradigms, the paper provides insights into creating inclusive policies and promoting national unity. This synthesis underscores the importance of balancing individual rights with communal obligations in achieving sustainable social integration.

Keywords: John Stuart Mill, African Philosophy, Liberty, Communalism, Social Harmony in Nigeria





Introduction

Social harmony in pluralistic societies has long been a subject of philosophical inquiry, as thinkers grapple with balancing individual liberties and collective well-being. John Stuart Mill's On Liberty (1859) remains one of the most influential texts in this discourse, championing individual freedom, tolerance, and the protection of minority rights. Mill argues that the liberty of thought, expression, and action is essential for human progress, provided such actions do not harm others (Mill 22). While his ideas are rooted in a Western liberal tradition, their relevance extends to contemporary issues in non-Western societies, including Nigeria, where ethnic and religious diversity often challenge national unity.

In contrast, African philosophical thought, particularly as articulated through concepts like Ubuntu, emphasizes the primacy of communal relationships and collective well-being. Ubuntu, a Southern African concept, underscores the idea that "a person is a person through other persons," advocating interconnectedness, mutual respect, and shared responsibility (Mbiti 108). This communalist perspective highlights the potential tensions between individualism and collective values in African contexts.

Nigeria, with over 250 ethnic groups and two dominant religions—Christianity and Islam—faces significant challenges in achieving social integration. Ethnic and religious loyalties frequently overshadow national identity, often leading to conflicts and political instability. As such, a philosophical exploration that integrates Mill's advocacy for liberty with African communalist thought is essential for addressing these challenges. This paper aims to initiate a dialogue between Mill's philosophy and African communalism, assessing their synergies and tensions in fostering social harmony in Nigeria. By drawing on both traditions, it seeks to propose a framework that balances individual rights with collective obligations, contributing to the broader discourse on governance and social cohesion in pluralistic societies.

Mill's Concept of Liberty and Its Relevance to Multicultural Societies

John Stuart Mill's concept of liberty, as articulated in his seminal work On Liberty (1859), is one of the most influential contributions to political philosophy. Mill's advocacy for individual freedom is rooted in the belief that the development of personal autonomy and the protection of minority rights are essential for societal progress. In his work, Mill sets forth three key aspects of liberty: liberty of thought and expression, liberty of tastes and pursuits, and liberty of association (Mill 18). These principles are grounded in his "harm principle," which asserts that the only legitimate reason for society or the state to restrict an individual's liberty is to prevent harm to others (21).

Mill's ideas are particularly relevant to multicultural societies, where diversity in ethnicity, religion, and culture often poses challenges to unity and coexistence. His emphasis on free expression and tolerance provides a philosophical foundation for managing diversity and fostering social cohesion.

Mill's defense of freedom of thought and expression is central to his philosophy. He contends that all ideas, even those deemed unpopular or false, should be allowed to flourish in the marketplace of ideas. Mill argues that the suppression of any opinion robs humanity of potential truths or, at the very least, an opportunity to strengthen the validity of existing truths through debate (25). In





multicultural societies, where divergent worldviews coexist, this principle ensures that marginalized voices are heard and contributes to mutual understanding.

For instance, in a pluralistic society like Nigeria, where ethnic and religious groups often clash, the liberty to openly discuss differences can reduce misunderstandings and stereotypes. By creating spaces for dialogue, individuals and groups can address grievances and work toward common ground, fostering social harmony.

Mill's second dimension of liberty, the freedom to pursue one's tastes and lifestyles, underscores the importance of respecting individual autonomy in diverse societies. He posits that individuals should be free to live as they choose, provided their actions do not harm others (53). This principle is particularly relevant in multicultural societies, where individuals' cultural or religious practices may differ significantly. In contexts like Nigeria, where traditional norms often clash with modern lifestyles or minority cultural practices, Mill's principle advocates for policies that protect these differences. For example, protecting the rights of minority ethnic groups to maintain their languages or traditional customs aligns with Mill's vision of liberty as a safeguard against cultural homogenization.

Mill also emphasizes the importance of liberty of association, which allows individuals to form groups and communities that reflect their values and interests. He views this as vital for individual and collective development (67). In multicultural societies, this principle supports the coexistence of diverse cultural, religious, and political organizations, enabling groups to express their unique identities while contributing to the broader societal fabric.

In Nigeria, where ethnic and religious associations play significant roles in shaping social and political life, Mill's principle of liberty of association provides a framework for managing diversity. By ensuring that all groups have equal rights to organize and advocate for their interests, society can promote inclusivity and reduce marginalization. While Mill's concept of liberty provides a robust framework for addressing diversity, it is not without challenges. Critics argue that his focus on individualism may not align with the values of communal societies, where collective well-being often takes precedence over personal autonomy. Furthermore, the application of the harm principle can be subjective, particularly in societies with deeply ingrained cultural or religious norms. In multicultural societies like Nigeria, where communal values are often prioritized, Mill's philosophy must be adapted to balance individual freedoms with collective responsibilities. For example, ensuring freedom of expression while preventing hate speech requires careful regulation to avoid exacerbating social tensions.

John Stuart Mill's concept of liberty offers valuable insights for managing diversity and promoting social cohesion in multicultural societies. By advocating for the freedom of thought, expression, tastes, and association, Mill provides a philosophical foundation for fostering tolerance, inclusivity, and mutual respect. However, his ideas must be contextualized to address the unique challenges of communal and pluralistic societies. In a country like Nigeria, integrating Mill's principles with local values and traditions could contribute significantly to achieving social harmony and national unity.

Philosophical Foundations and Social Implications of African Communalism





African communalism is a central tenet of African philosophical thought, emphasizing the primacy of community over the individual. Rooted in the collective experience of African societies, communalism is characterized by interconnectedness, mutual support, and shared responsibility. It contrasts with Western individualism by placing greater value on relationships and collective well-being. As Mbiti famously asserted, "I am because we are, and since we are, therefore I am" (Mbiti 108). This statement captures the essence of African communalism, where the individual is viewed as a part of the community and derives their identity and purpose through their relationships with others.

African Communitarian Philosophy and Social Harmony

African communitarian philosophy emphasizes the interconnectedness of individuals within the community and highlights the importance of collective well-being over individual interests. This philosophical tradition is deeply rooted in the cultural, social, and moral frameworks of African societies, where communal values are considered fundamental to societal harmony and progress.

One of the central tenets of African communitarianism is the notion of **Ubuntu**, which is encapsulated in the Zulu saying, "umuntu ngumuntu ngabantu", meaning "a person is a person through other persons" (108). Ubuntu underscores the belief that individuals find their true essence and identity in their relationships with others, thus rejecting the radical individualism often associated with Western liberalism. According to Wiredu, this communal perspective ensures that every individual contributes to and benefits from the collective welfare, fostering a sense of mutual responsibility and social harmony (Wiredu 38).

In African societies, the pursuit of harmony is not merely an abstract ideal but a practical necessity. Traditional African communities often operate on the principle of consensus, where decisions are made collectively to ensure that the interests of the community are prioritized over personal desires. Gyekye argues that this consensus-oriented approach reflects the high value placed on social cohesion and the avoidance of conflict (Gyekye 53). By resolving disputes through dialogue and compromise, African communities maintain stability and foster a culture of mutual respect.

The emphasis on communal values also manifests in the African understanding of justice and morality. In many African traditions, justice is perceived as restorative rather than punitive, aiming to repair broken relationships and reintegrate offenders into the community (Bujo 64). This restorative approach aligns with the broader goal of preserving social harmony and reflects the collective responsibility of the community to uphold moral and ethical standards.

Despite its strengths, African communitarian philosophy has faced criticism for potentially suppressing individual freedoms in favor of communal interests. Critics argue that the prioritization of collective well-being can lead to conformity and limit personal autonomy (Matolino 289). However, proponents of communitarianism contend that this critique overlooks the dynamic nature of African societies, where individual rights and communal responsibilities are often balanced through negotiation and mutual understanding. As Menkiti points out, African communitarianism does not negate individuality but situates it within a framework of interdependence and reciprocity (Menkiti 174).





In the context of contemporary Nigeria, African communitarian philosophy offers valuable insights for addressing social and political challenges. The country's diverse ethnic and cultural landscape often leads to tensions and conflicts, which could be mitigated by adopting a communitarian approach that emphasizes dialogue, inclusivity, and collective responsibility. For instance, traditional communal practices such as *town hall meetings* and *elders' councils* can serve as platforms for resolving disputes and promoting social harmony (Oladipo 83). Furthermore, the communal ethos of African philosophy can inform policies and initiatives aimed at reducing inequality and fostering national unity. By prioritizing the welfare of the community, policymakers can address issues such as poverty, corruption, and social exclusion, which undermine the stability and progress of Nigerian society. As Wiredu (112) asserts, the principles of African communitarianism provide a robust foundation for building cohesive and equitable societies in the modern world.

Undoubtedly, African communitarian philosophy offers a rich and nuanced framework for understanding and promoting social harmony. By emphasizing the interconnectedness of individuals and the importance of collective well-being, this philosophical tradition provides practical solutions to the challenges of conflict, inequality, and injustice. While it may require adaptation to contemporary contexts, the principles of African communitarianism remain highly relevant for fostering unity and progress in Nigeria and beyond.

Liberty and Justice and the Contemporary Challenges in Nigeria

Liberty and justice are fundamental principles essential for societal development and harmony. In Nigeria, however, the pursuit of these ideals remains fraught with challenges, including systemic corruption, ethnic and religious divisions, political instability, and socio-economic inequality. Addressing these challenges requires a contextual understanding of liberty and justice within Nigeria's pluralistic society.

John Stuart Mill defines liberty as the freedom to act as one chooses, provided it does not harm others (Mill 16). This concept aligns with the Nigerian constitutional provision for fundamental human rights, such as freedom of expression, movement, and association (Constitution of the Federal Republic of Nigeria, 1999, Chapter IV). However, these rights are often undermined by oppressive policies, police brutality, and the suppression of dissent. For instance, the 2020 #EndSARS protests highlighted widespread violations of liberty by the Nigerian Police Force, particularly the Special Anti-Robbery Squad (SARS). According to Amnesty International (14), extrajudicial killings, arbitrary arrests, and torture were rampant, reflecting the systemic abuse of power and disregard for individual freedoms.

Justice in Nigeria, as in many African contexts, is both retributive and restorative. While retributive justice focuses on punishing offenders, restorative justice emphasizes reconciliation and the restoration of societal harmony (Gyekye 88). However, the Nigerian justice system is plagued by delays, corruption, and unequal access, which undermine its ability to deliver equitable outcomes. A significant issue is the marginalization of vulnerable groups, such as women, children, and the poor, who often face barriers to accessing legal remedies. This inequality in the justice system perpetuates cycles of poverty and exclusion, hindering societal progress (Ojo 42).





Corruption remains one of the most significant impediments to liberty and justice in Nigeria. Transparency International (2022) consistently ranks Nigeria poorly in its Corruption Perceptions Index, highlighting widespread misuse of public resources and abuse of power. Corruption not only deprives citizens of essential services but also exacerbates inequality, as resources meant for social development are diverted for personal gain. According to Achebe (38), "The trouble with Nigeria is simply and squarely a failure of leadership," emphasizing that justice and liberty cannot thrive in a system where leaders prioritize self-interest over public welfare.

Ethnic and religious divisions further complicate the quest for justice and liberty in Nigeria. With over 250 ethnic groups and multiple religions, Nigeria's diversity often serves as a source of conflict rather than unity. Violent clashes, such as those between herders and farmers in the Middle Belt, highlight the challenges of balancing communal liberty and justice in a multi-ethnic society (Adetiba & Rahim 22). Addressing these conflicts requires policies that promote inclusivity, equity, and mutual respect.

To address these challenges, Nigeria must adopt a multifaceted approach. First, strengthening institutions is crucial for promoting accountability and reducing corruption. Transparent governance and an independent judiciary can enhance citizens' trust in the system and ensure that justice is served impartially (Oladipo 102). Second, civic education and public awareness campaigns can empower citizens to demand their rights and hold leaders accountable. Mill (1859 54) argues that an informed citizenry is essential for safeguarding liberty and preventing tyranny.

Additionally, fostering social cohesion through dialogue and inclusive policies can help mitigate ethnic and religious tensions. Traditional African approaches, such as community mediation and consensus-building, offer valuable insights for resolving conflicts and promoting justice (Wiredu 117). Finally, addressing socio-economic inequality through targeted policies, such as education and poverty alleviation programs, can create a more equitable society where liberty and justice are accessible to all. Ultimately, the principles of liberty and justice remain critical for addressing Nigeria's contemporary challenges. By strengthening institutions, promoting inclusivity, and addressing systemic inequalities, Nigeria can create a society where individuals are free to thrive and justice is accessible to all. While the road to achieving these ideals is fraught with difficulties, the pursuit of liberty and justice is essential for ensuring Nigeria's long-term stability and progress.

Conclusion

The dialogue between Western and African philosophical traditions offers a transformative framework for addressing critical issues in contemporary society. By exploring themes such as liberty, justice, epistemology, and ethics, this research underscores the potential of philosophical cross-pollination to foster mutual understanding and develop hybrid models that address global and local challenges. Western thought, with its emphasis on individualism and rational analysis, complements African philosophy's holistic and communal perspectives, creating a rich tapestry of ideas that are both diverse and interconnected.

In the Nigerian context, this dialogue provides practical solutions to pressing challenges such as political instability, socio-economic inequality, and ethnic and religious divisions. Bridging Mill's





liberal ideals with African communitarian values enables a balance between individual freedoms and collective welfare. Similarly, integrating Western epistemological rigor with African experiential knowledge enhances problem-solving approaches in areas like education, governance, and conflict resolution.

However, this dialogue must be conducted with mutual respect, ensuring that African philosophies are not subsumed under Western paradigms. Instead, the goal should be to create a fusion of horizons where both traditions retain their distinctiveness while enriching each other. This synthesis not only enhances global philosophical discourse but also provides culturally relevant frameworks for addressing contemporary challenges. Thus, the integration of Western and African thought is not merely an academic exercise but a practical necessity for creating equitable, harmonious, and sustainable societies. As humanity faces increasingly complex challenges, the insights gained from this dialogue offer hope for a future where diverse traditions work collaboratively to promote justice, liberty, and social harmony.

Works Cited

- Achebe, C. (1983). The Trouble with Nigeria. London: Heinemann.
- Adetiba, T. C., & Rahim, A. (2012). "Between Ethnicity, Nationality and Development in Nigeria." *International Journal of Development and Sustainability*, 1(3), 22-36.
- Amnesty International. (2020). *Nigeria: End SARS Protests and Police Brutality*. Amnesty International Reports.
- Bujo, B. (2001). Foundations of an African Ethic: Beyond the Universal Claims of Western Morality. New York: Crossroad Publishing Company.
- Constitution of the Federal Republic of Nigeria. (1999).
- Gyekye, K. (1997). Tradition and Modernity: Philosophical Reflections on the African Experience. Oxford: Oxford University Press.
- Matolino, B. (2014). "The End of Ubuntu." South African Journal of Philosophy, 33(2), 289-307.
- Menkiti, I. A. (1984). "Person and Community in African Traditional Thought." In R. A. Wright (Ed.), *African Philosophy: An Introduction* (pp. 171-181). Lanham: University Press of America.
- Mbiti, J. S. (1969). African Religions and Philosophy. London: Heinemann.
- Mill, J. S. (1859). On Liberty. London: Longman, Roberts & Green.
- Ojo, E. O. (2018). "Justice and Equity in Nigeria's Democracy." *Journal of African Studies*, 12(1), 38-50.





Oladipo, O. (2000). The Idea of African Philosophy. Ibadan: Hope Publications.

Wiredu, K. (1996). *Cultural Universals and Particulars: An African Perspective*. Bloomington: Indiana University Press.

Transparency International. (2022). Corruption Perceptions Index 2022.

Tutu, D. (1999). No Future Without Forgiveness. New York: Random House.

Wiredu, K. (1995). *Cultural Universals and Particulars: An African Perspective*. Bloomington: Indiana University Press.